

CALTECH COUNSELING CENTER PROVIDER CONTACT INFORMATION

STUDENT COPY OF UHC PARTICIPATING PROVIDERS

LAST UPDATE: 5/3/2018

Sam Alibrando, Ph.D.

Address:

301 E Colorado Blvd, Ste#527
Pasadena, CA 91101
Website: www.apc3.com

Methods of contact:

Phone: 626-577-8303
Email: sam@apc3.com

Biography: With over 35 years of experience, based on the model from his two books, Dr. Alibrando helps individuals and couples find the balance of individual power, heart and mindfulness. Dr. Alibrando specializes in relationship challenges, addictive behaviors (like sex addiction, food and alcohol), emotional regulation (like anger and anxiety), depression, self-concept issues, and parenting and work/career issues. Dr. A served as the president of the San Gabriel Valley Psychological Association, adjunctive teaching faculty at the Chicago School of Professional Psychology and Fuller's Graduate School of Psychology and is a member of the Psychologically Healthy Workplace Awards committee. He works with two other therapists in their office treating a wide range of issues and needs.

Therapy Specialty: Anger Management, Anxiety, Family Therapy, Grief/Death/Dying, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Sex addiction, Business and work issues

Language(s): English, Italian, Macedonian

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Aetna, United Health Care (non-Caltech Plan)

Maggie Ateia, Psy.D.

Address:

117 E. Colorado Blvd, suite 425
Pasadena, CA 91105

Methods of contact:

Phone: 6265246685
Text: 626-524-6685

Biography: It is rare to meet someone who actually loves what they do for a living. I happen to be one of those people. I love watching the people I work with take ownership over their lives by coming to therapy to work on a specific issue or just to have someone to talk to. I especially love working with relationship issues as I have found that most people have, at some point in their lives, encountered a problematic relationship.

Therapy Specialty: Anxiety, Cross Cultural, Eating Disorder & Body Image, Gay / Lesbian Issues, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Personality Disorders, Postpartum, Sexuality, Stress Management, Violence/Trauma (Rape, all abuse)

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? No, only Caltech UHC

Insurance Accepted:

Jan Aura, Ph.D.

Address:

274 S. Los Robles Ave.
Pasadena, CA 91101

Methods of contact:

Phone: 310-387-7414
Text: 310-387-7414
Email: drjanaura@gmail.com

Biography: I have worked with many people engaged in challenging and often creative goals who are having difficulties with relationships, achievement, depression, anxiety, sustained attention, or emotional concerns. My Ph.D. is in Clinical Psychology (with minors in Quatitative Psychology and Movement Psychotherapy) from UCLA. As a former Human Relations Advisor for Caltech, Director of the Counseling Center of Occidental College, and Consultant for Loyola Law School, and as a Supervisor for Interns at the Los Angeles Gay and

Lesbian Center, and in private practice I have provided and taught psychotherapy for over 25 years. I also teach Sport Psychology at SMC and practice Mindfulness. I use eclectic psychotherapy and Psychological Skills Training to promote peak performance for athletes, scientists, lawyers, executives, artists, and others looking to not only recover from past and current challenges but to maximize their achievement and quality of life.

Therapy Specialty: ADD / ADHD, Anxiety, Autism / Asperger's, Child Abuse/Neglect, Cross Cultural, Family Therapy, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Impulse Control Disorders (Trichotillomania, Dermatillomania, etc.), Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Sexuality, Stress Management, Violence/Trauma (Rape, all abuse), Peak Performance/Achievement, Outliers, Workplace Conflicts/Stress, Sport Psychology, Behavioral Addictions, OCD.

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Out of network provider for PPOs.

Theodore Burnes, Ph.D.

Address:

595 E. Colorado Blvd., Suite 706
Pasadena, CA 90230
Website: www.lagendercenter.com

Methods of contact:

Phone: 310-948-2380

Biography:

Therapy Specialty: Cross Cultural, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Grief/Death/Dying, Sexuality

Language(s): English, I can speak with parents in Spanish

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Aetna, Blue Cross/Blue Shield, United Health Care (non-Caltech Plan), I bill clients with PPO insurance on these plans.

Jeanette Butler, Ph.D.

Address:

595 E. Colorado Blvd. Ste 406
Pasadena, CA 91101
Website:

Methods of contact:

Phone: 818-585-3204

Biography:

Therapy Specialty: Anxiety, Brief Psychotherapy, Chronic Illness, Cross Cultural, Family Therapy, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Grief/Death/Dying, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Personality Disorders, Postpartum, Sexuality, Stress Management

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Aetna, Blue Cross/Blue Shield, Cigna, PPOs

Amanda Cassil, Ph.D.

Address:

547 S. Marengo Ave.
Pasadena, CA 91101
Website: www.DrAmandaCassil.com

Methods of contact:

Phone: 626-765-1635
Email: drcassil@dramandacassil.com

Biography: Dr. Cassil (PSY26549) is a Licensed Clinical Psychologist in Pasadena. She received her Ph.D. in Clinical Psychology from Fuller Graduate School. Over the past several years, Dr. Cassil has worked in college counseling centers (including UC Riverside, Cal State Fullerton, Caltech, and Cal Poly Pomona) as a practicum trainee, intern, postdoctoral resident, and staff psychologist. Dr. Cassil has experience working with anxiety, depression, social confidence, and adult survivors of childhood abuse. Dr. Cassil has focused on working with women in STEM (science, technology, engineering, and math) fields around topics of navigating conflicting expectations, impostor syndrome, and work-life balance. She places a high value on diversity and multiple identities that individuals must navigate in academic, social, and family settings and invites her client to explore these dimensions within therapy.

Therapy Specialty: Anxiety, Brief Psychotherapy, Chronic Illness, Group Therapy, Mood Disorders / Depression / Bipolar, Stress Management, Violence/Trauma (Rape, all abuse), women in STEM, work/life balance, self-esteem, imposter syndrome

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Aetna, Out of network PPO

Hsing-Fang Chang, Ph.D.

Address:

711 E Walnut St, suite 402
Pasadena, CA 91101
Website: www.talkingitout.org

Methods of contact:

Phone: 626-203-8326
Email: changhsingfang711@gmail.com

Biography: Dr Chang came from Taiwan over 20 years ago. She got a master degree in Education Psychology from University of Minnesota, and a doctoral degree in Counseling Psychology from University of Southern California. She specializes in working with international students and also with immigrants with acculturation issues.

Therapy Specialty: Anxiety, Brief Psychotherapy, Critical Incident Debriefing, Cross Cultural, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Postpartum, Stress Management

Language(s): Chinese - Mandarin, Chinese - Taiwanese, English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Aetna, Blue Cross/Blue Shield

Daniel Doyle, M.A.

Address:

1136 Fremont Avenue
South Pasadena, CA 91030
Website: <https://www.psychologytoday.com/profile/51878>

Methods of contact:

Phone: 6267201694
Text: 626-720-1694

<u>Biography:</u> I am a Marriage and Family Therapist (LMFT), Professional Clinical Counselor (LPCC), and an EMDR Therapist. I have extensive training in creative arts therapy and psychoanalytic psychotherapy. I am flexible and will utilize the approach that best assists you in achieving your goals and moving forward in your life. My broad range of experience includes work with trauma, addiction issues, depression, anxiety and relationship issues. I assist my clients with identifying and utilizing their strengths, increasing self-esteem, breaking unhealthy patterns and making choices that are empowering and self affirming.	
<u>Therapy Specialty:</u> Alcohol / Substance Abuse, Anxiety, Brief Psychotherapy, Grief/Death/Dying, Mindfulness, Mood Disorders / Depression / Bipolar, Stress Management	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? Yes
Insurance Accepted: Aetna, Blue Cross/Blue Shield, Cigna, United Health Care (non-Caltech Plan)	

Karen Earnest, Ph.D.	
<u>Address:</u> 150 N. Santa Anita Ave., Ste 420C Arcadia, CA 91006 Website: www.therapists.psychologytoday.com/rms/name/Karen_Earnest_PhD_Arcadia_California_57975	<u>Methods of contact:</u> Phone: 626-975-7635
<u>Biography:</u> I work from an interpersonal frame of reference and use a variety of techniques including cognitive behavioral approaches in my work with adult individuals and with couples. I work with clients in identifying and changing patterns in their lives that no longer work for them in an effort to help them achieve greater happiness, peace, and balance in their professional and personal lives. I believe in people's ability to change and take charge of their own lives. The therapy relationship not only provides objective reflection and a sounding board for issues, but itself can be healing as clients become more aware of how they operate in relationships and explore healthier ways of connecting. Trained in Internal Family Systems (IFS) through Level 3, and Acceptance and Commitment Therapy (ACT).	
<u>Therapy Specialty:</u> Anxiety, Grief/Death/Dying, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? No	Accepts other insurance? Yes
Insurance Accepted: Aetna, Blue Cross/Blue Shield	

Miya D. Erickson, MSW, Psy.D.	
<u>Address:</u> 448 S. Marengo Avenue Pasadena, CA 91101 Website: drmiyaerickson.com	<u>Methods of contact:</u> Phone: 626-566-7789 Email: drmiyaerickson@icloud.com
<u>Biography:</u> The pace of life is fast and it can feel increasingly hard to balance all of life's demands. Therefore, it's important to feel like you are investing your limited time and resources in someone that you trust in that can provide you insight, guidance and tools for change. Many times, the methods of coping that used to work in the past may no longer feel like they are working for you now. I strive to help you to identify your triggers, self-sabotaging behaviors, and untapped areas of strength. I have experience working with Caltech students and understand many of the academic and social struggles and adjustment during this pivotal time in your life. My specialties include helping to cope with life transitions, anxiety, depression, work-life balance, social skills training, cross-cultural issues, parent relationship conflicts, and partner relationship issues. I welcome working with undergraduate students, graduate students, couples, and women's groups.	

<u>Therapy Specialty:</u> ADD / ADHD, Anger Management, Anxiety, Autism / Asperger's, Cross Cultural, Family Therapy, Gay / Lesbian Issues, Grief/Death/Dying, Group Therapy, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Phobias, Personality Disorders, Postpartum, Psychological Testing, Stress Management	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? No, only Caltech UHC
Insurance Accepted:	

Jessica Foss, Ph.D.	
<u>Address:</u> 448 S. Marengo Ave. Pasadena, CA 91101 Website: www.renew-counseling.com	<u>Methods of contact:</u> Phone: 626-840-5740
<u>Biography:</u> Dr. Jessica Foss is a Licensed Clinical Psychologist in Pasadena. She received a Ph.D in Clinical Psychology from Fuller Graduate School, and a BA in Psychology from Loyola Marymount University, Los Angeles. Dr. Foss developed her expertise for working with college and graduate students through her prior professional experiences at university counseling centers, including: Caltech, Pepperdine University, and Cal State University, Fullerton. She understands that this stage of life brings many joys as well as a plethora of challenges. Dr. Foss has extensive experience helping individuals facing significant stressors that result in depression and anxiety. She enjoys helping individuals and couples with a variety of concerns, but has a particular interest in working with people experiencing difficulties related to their relationships, identity, self-worth, or past trauma. Dr. Foss also has extensive experience working with men and men's issues in therapy.	
<u>Therapy Specialty:</u> Anxiety, Autism / Asperger's, Child Abuse/Neglect, Cross Cultural, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Religious Emphasis, Stress Management, Violence/Trauma (Rape, all abuse), Relationship issues and/or family of origin issues	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? No, only Caltech UHC
Insurance Accepted:	

Randi Friedland, Ph.D.	
<u>Address:</u> 2810 E. Del Mar Blvd, Ste. 1 Pasadena, CA 91107	<u>Methods of contact:</u> Phone: 626-356-0220
<u>Biography:</u> Our life experiences form us, teach us who we are and who others are, often in ways that cause pain and sadness and limit and impair us. I work with people to better understand how they came to think, feel and act as they do and to develop a kinder, more compassionate view of themselves so they can move forward, feel more at peace and accomplish what is important and meaningful to them in their relationships and at work. I consider it a privilege to be confided in, to give hope and to ease pain. I earned my Ph.D. in Clinical Psychology at UCLA, worked in community mental health centers for several years and have been in private practice for 32 years.	
<u>Therapy Specialty:</u> Anxiety, Brief Psychotherapy, Child Abuse/Neglect, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Postpartum, Stress Management	
<u>Language(s):</u> English, Spanish	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? Yes
Insurance Accepted: Anthem Blue Cross	

Susanna Friedlander, Ph.D.

Address:

595 E. Colorado Blvd., Ste 612
Pasadena, CA 90402

Methods of contact:

Phone: 818-548-4770

Biography: I have been licensed as a psychologist since 1989, specializing in the practice of cognitive behavior therapy (CBT). I have worked with individuals, couples, and families for over 25 years in private practice as well as in community mental health settings. A large part of my career has been dedicated to training and supervision of psychology graduate students, postdoctoral fellows and psychiatric residents. I work with individuals with a wide range of anxiety and mood problems and utilize a strengths-based and collaborative approach in my therapeutic work. I have a special interest in working with couples as well as college-age young adults.

Therapy Specialty: ADD / ADHD, Anger Management, Anxiety, Brief Psychotherapy, Chronic Illness, Cross Cultural, Family Therapy, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Phobias, Stress Management, Insomnia, Social Anxiety, Generalized Anxiety

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? No, only Caltech UHC

Insurance Accepted:

Michi Fu, Ph.D.

Address:

200 E. Del Mar Blvd.
Pasadena, CA 91105
Website: www.therapists.psychologytoday.com/rms/name/Michi_Fu_PhD_Pasadena_California_73177

Methods of contact:

Email: michifuphd@hushmail.com

Biography: Dr. Michi Fu is a licensed psychologist practicing w/ a holistic approach of integrating mind, body and spiritual well being by having better relationships with ourselves, our loved ones and our communities.

Therapy Specialty: Anxiety, Autism / Asperger's, Brief Psychotherapy, Child Abuse/Neglect, Chronic Illness, Critical Incident Debriefing, Cross Cultural, Family Therapy, Gay / Lesbian Issues, Grief/Death/Dying, Group Therapy, Marital & Relationship Therapy, Mindfulness, Sexuality, Stress Management, Violence/Trauma (Rape, all abuse)

Language(s): Chinese - Mandarin, Chinese - Taiwanese, English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? No, only Caltech UHC

Insurance Accepted:

Grace Goodman, Psy.D.

Address:

547 S. Marengo Ave
Pasadena, CA 91101
Website: Stempsychology.com

Methods of contact:

Phone: 626-765-7904

Biography:

Therapy Specialty: Anxiety, Cross Cultural, Mindfulness, Postpartum, Religious Emphasis, Stress Management

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? No, only Caltech UHC

Insurance Accepted:

Mina Grigoryan, Ph.D.

Address:

1515 Hope Street Suite 202
South Pasadena, CA 91030
Website: www.drminatherapy.com

Methods of contact:

Phone: 818-473-0970

Biography:

I view therapy as transformation through relationship - a safe haven where exploration, development and change can take place. Therapy can be utilized whether or not you are experiencing severe distress, have a curiosity about you and your world, or are finding yourself unsatisfied with your current relationships, or circumstances. I have extensive clinical experience in treating the following mental health issues in children and adults: depression, anxiety, trauma, grief and loss. It is important to take care of yourself and if we are a good fit, we can make sure you get what you need.

Therapy Specialty:

Anger Management, Anxiety, Brief Psychotherapy, Child Abuse/Neglect, Cross Cultural, Family Therapy, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Grief/Death/Dying, Group Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Phobias Postpartum, Sexuality, Stress Management, Violence/Trauma (Rape, all abuse)

Language(s): English, Armenian

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? No, private paying clients only

Insurance Accepted:

Michael Gutstadt, Psy.D.

Address:

255 South Oakland Ave. #12
Pasadena, CA 91101

Methods of contact:

Phone: 626-590-6912

Biography: The bulk of my clients have been individuals who are not content, they want to feel better and understand themselves more deeply. I have a long history of treating individuals diagnosed with autism or Aspergers syndrome. I see their struggles as a kind of reflection of our societies' problems. I have also worked extensively with trauma victims, people facing crisis, depression or anxiety.

Therapy Specialty: Anger Management, Anxiety, Autism / Asperger's, Brief Psychotherapy, Critical Incident Debriefing, Family Therapy, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Personality Disorders, Psychotic Disorder, Stress Management, Violence/Trauma (Rape, all abuse), Social skills

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Aetna, Blue Cross/Blue Shield

Alisa Hale, Psy.D.

Address:

1605 Hope St. Ste. 210
South Pasadena, CA 91030

Methods of contact:

Phone: 626-792-0707
Text: 626-792-0707
Email: DrAHale@aol.com

Biography:

<u>Therapy Specialty:</u> ADD / ADHD, Anger Management, Anxiety, Autism / Asperger's, Brief Psychotherapy, Chronic Illness, Disease Management, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Grief/Death/Dying, Impulse Control Disorders (Trichotillomania, Dermatillomania, etc.), Learning Disabilities, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Phobias, Postpartum, Psychotic Disorder, Religious Emphasis, Stress Management, Violence/Trauma (Rape, all abuse)	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? Yes
Insurance Accepted: Aetna, Blue Cross/Blue Shield, Humana, Anthem Blue Cross	

Carol Hekman, Ph.D.	
<u>Address:</u> 1141 Arden Road Pasadena, CA 91106 Website: www.carolhekman.com	<u>Methods of contact:</u> Phone: 626-796-6672 Email: drcarolhekman@gmail.com
<u>Biography:</u> I have worked for 30 years with persons presenting with a variety of problems including, anxiety, depression, relationship/marital issues, maintaining social relationships, work issues, ADD, and persons diagnosed with cancer. I work in a collaborative manner with my patients. My approach is to help people to discovery their inner lives and to help them learn more productive ways to work with their emotional life.	
<u>Therapy Specialty:</u> ADD / ADHD, Anxiety, Disease Management, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Personality Disorders	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? Yes
Insurance Accepted: Aetna, I allow a limited number of Aetna patients in my practice. I would need to be contacted to see if I had openings at any given time.	

Kenneth Herman, Ph.D.	
<u>Address:</u> 1137 Huntington Dr. South Pasadena, CA 91030 Website: www.drkenherman.com	<u>Methods of contact:</u> Phone: 323-344-0123 Email: ken@docherman.com
<u>Biography:</u> Herman & Associates was founded in 1988 and provides counseling and psychodiagnostic assessments for children, adolescents, and adults. Our experienced team of licensed professionals assist individuals, couples, and families in southern California with developmental, educational, attentional, emotional, and transition challenges throughout the life span. Our practice involves three components: assessment, therapy, and professional consultations.	
<u>Therapy Specialty:</u> ADD / ADHD, Anger Management, Anxiety, Autism / Asperger's, Family Therapy, Grief/Death/Dying, Impulse Control Disorders (Trichotillomania, Dermatillomania, etc.), Learning Disabilities, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Neuropsychological Testing, Psychological Testing, Stress Management, ADHD/Executive Functioning skills coaching	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? Yes
Insurance Accepted:	

Lisa Hoffort, Psy.D.

Address:

595 E. Colorado Blvd., Ste 610
Pasadena, CA 91101
Website: www.Drlisahoffort.com

Methods of contact:

Phone: 818-430-3054
Email: eddrlisha@gmail.com

Biography: Thank you for reviewing my profile. I started my career working at a private psychiatric hospital and worked with many clients in extreme situations. It was during this time that I studied DBT as a new therapy to help troubled clients. I transitioned to the eating disorder unit and was eventually offered the directorship which I gladly accepted. I was able to build up a private practice in Pasadena and left the hospital a few years back in order to focus on my practice. I enjoy my work, and while I certainly am still challenged by my clients, it is always a joy to meet the challenge and help each other grow in the desired direction.

Therapy Specialty: Anxiety, Child Abuse/Neglect, Dialectical Behavior Therapy, Eating Disorder & Body Image, Family Therapy, Grief/Death/Dying, Mindfulness, Mood Disorders / Depression / Bipolar, Personality Disorders, Stress Management, Violence/Trauma (Rape, all abuse)

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Cigna, Anthem Blue Cross

Peter Huang, MFT

Address:

911 E. Colorado Blvd., Ste 200
Pasadena, CA 91106
Website: www.peterhuangtherapy.com

Methods of contact:

Phone: 626-375-1446
Email: phuang@peterhuangtherapy.com

Biography: In my work with the Caltech community, I specialize in helping students, faculty, and researchers work through stressful and difficult situations related to their workplace, including understanding difficult relationships in the many complex dynamics, dealing with high expectations by self and others, and cultivating a strong sense of self for one's career and personal life. I also work with men who have difficulties expressing themselves or who struggle with sexual addictions. In addition to my training in psychotherapy, my undergraduate degree from MIT gives me a scientific mindset for understanding the Caltech community.

Therapy Specialty: Anger Management, Anxiety, Cross Cultural, Family Therapy, Gay / Lesbian Issues, Grief/Death/Dying, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Phobias, Religious Emphasis, Sexuality, Stress Management, Sexual Addiction

Language(s): Chinese - Mandarin, Chinese - Taiwanese, English, conversation knowledge of Japanese

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: First Health; other PPO

Wei-Chin Hwang, Ph.D.

Address:

95 North Marengo Ave., Ste 100
Pasadena, CA 91101
Website: losangelesclinicalpsychologist.com

Methods of contact:

Phone: 310-433-3343

Biography: Wei-Chin Hwang, Ph.D., is a Professor of Clinical Psychology at Claremont McKenna College. He received his Ph.D. from the clinical psychology program at UCLA (2003), completed his pre-doctoral fellowship at Richmond Area Multi-Services (RAMS) - National Asian American Psychology Training Center, and completed

a clinical-research postdoctoral fellowship at Harbor UCLA Medical Center. His research focuses on understanding and reducing mental health disparities, psychotherapy process and outcomes, and improving therapist cultural competency and effectiveness when working with people from different background. He was awarded the American Psychological Association Minority Fellowship Program Early Career Award, the Asian American Psychological Association Early Career Award and inducted as a Fellow, and the Enrico E. Jones Award for Research in Psychotherapy and Clinical Psychology by the Western Psychological Association and inducted as a Fellow. He is also a licensed clinical psychologist and has an independent practice in Pasadena and Claremont, California.

Therapy Specialty: ADD / ADHD, Anger Management, Alcohol / Substance Abuse, Anxiety, Autism / Asperger's, Brief Psychotherapy, Child Abuse/Neglect, Chronic Illness, Critical Incident Debriefing, Cross Cultural, Dialectical Behavior Therapy, Disease Management, Eating Disorder & Body Image, Family Therapy, Gay / Lesbian Issues, Grief/Death/Dying, Impulse Control Disorders (Trichotillomania, Dermatillomania, etc.), Learning Disabilities, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Phobias, Personality Disorders, Postpartum, Psychotic Disorder, Sexuality, Stress Management, Violence/Trauma (Rape, all abuse)

Language(s): Chinese - Mandarin, Chinese - Taiwanese, English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Blue Cross/Blue Shield

Linnea Larson, Ph.D.

Address:

1214 E. Colorado Blvd., Ste 206
Pasadena, CA 90807

Methods of contact:

Phone: 626-429-5115
Email: lclarson43@gmail.com

Biography: I am a licensed clinical psychologist with a PhD from Fuller Graduate School of Psychology. I also hold bachelor's and master's degrees in nutrition from Cornell and UNC-Chapel Hill, completed my psychology internship at a VA Medical Center, postdoctoral training in Cognitive Behavioral Therapy at Harbor UCLA Medical Center, and have been an adjunct professor of Health Psychology. I believe that deep listening and empathy are foundational for self-understanding and change, and utilize principles of psychology to help people gain awareness of and change underlying patterns of thinking, feeling, and behaving that hold them back from living life to its fullest potential.

Therapy Specialty: Anxiety, Chronic Illness, Critical Incident Debriefing, Eating Disorder & Body Image, Mindfulness, Mood Disorders / Depression / Bipolar, Phobias, Religious Emphasis, Stress Management, Violence/Trauma (Rape, all abuse)

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? No, only Caltech UHC

Insurance Accepted:

Wendy Lopata, LCSW

Address:

107 S. Fair Oaks Ave., Ste 327
Pasadena, CA 91105
Website: www.lopatatherapy.com

Methods of contact:

Phone: 323-634-4711
Email: lopata.lcsw@gmail.com

Biography: I work with clients on such issues as depression, anxiety, relationships, identity, self esteem and recovering from and resolving trauma. I am available to work with individuals and couples.

<u>Therapy Specialty:</u> Alcohol / Substance Abuse, Anxiety, Child Abuse/Neglect, Eating Disorder & Body Image, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Postpartum, Sexuality, Stress Management, Violence/Trauma (Rape, all abuse)	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? No, only Caltech UHC
Insurance Accepted: Aetna	

David Lorentzen, Psy.D.	
<u>Address:</u> 595 E Colorado Blvd #403 Pasadena, CA 91101 Website: www.DavidLorentzen.com	<u>Methods of contact:</u> Phone: 818-523-4628 Email: davidlorentzen@gmail.com
<u>Biography:</u>	
<u>Therapy Specialty:</u> ADD / ADHD, Anger Management, Anxiety, Brief Psychotherapy, Group Therapy, Impulse Control Disorders (Trichotillomania, Dermatillomania, etc.), Mood Disorders / Depression / Bipolar, Phobias, Stress Management	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? No, only Caltech UHC
Insurance Accepted:	

Carolyn Lyons, Ph.D.	
<u>Address:</u> 448 S. Marengo Ave. Pasadena, CA 91101 Website: -	<u>Methods of contact:</u> Phone: 626-793-2629
<u>Biography:</u> Ph.D. from California School of Professional Psychology, Internship at CIT, Post-Doctoral Fellowship at LAPD Behavioral Sciences Unit	
<u>Therapy Specialty:</u> Anxiety, Critical Incident Debriefing, Cross Cultural, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Grief/Death/Dying, Mood Disorders / Depression / Bipolar, Personality Disorders, Religious Emphasis, Sexuality, Stress Management, Individuals dealing with difficult work group and lab dynamics; issues related to infertility, assisted reproductive technology and intentional family formation (i.e., adoption, IVF, etc.)	
<u>Language(s):</u> Chinese - Cantonese, English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? No, only Caltech UHC
Insurance Accepted:	

Adrienne Meier, Ph.D.	
<u>Address:</u> 2400 Mission Street San Marino, CA 91108 Website: www.inpsych.com	<u>Methods of contact:</u> Phone: 949-441-0191 Text: 949-441-0191 Email: ameierphd@gmail.com

<u>Biography:</u> Even among the brightest minds, it is not uncommon to experience anxiety or sadness at some point during undergraduate or graduate education, which may result in difficulty achieving our goals. My approach to therapy involves coming alongside you to provide support as we explore what obstacles might be preventing you from thriving, which may include stress, challenging advisors/professors, interpersonal difficulties, transitions, or attention (AD/HD) and learning difficulties. We will work together using your strengths to address these barriers to develop skills necessary to thrive. Also, having completed a neuropsychology post-doctoral research fellowship at City of Hope, I am uniquely aware of the numerous variables involved in research that are often out of our control. In addition, I also conduct psychological and cognitive evaluations to identify your strengths and any potential barriers to your success, such as attention and learning disabilities or psychiatric symptoms. I will then provide recommendations as to how you can address these barriers (i.e., academic accommodations), so you can reach your full potential. Please contact me to inquire further about how I can help you reach your goals.	
<u>Therapy Specialty:</u> ADD / ADHD, Anger Management, Alcohol / Substance Abuse, Anxiety, Brief Psychotherapy, Group Therapy, Learning Disabilities, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Neuropsychological Testing, Psychotic Disorder, Psychological Testing, Sexuality, Stress Management, Violence/Trauma (Rape, all abuse)	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? Yes
Insurance Accepted:	

Ellen Miller Kwon, Psy.D.	
<u>Address:</u> 65 N. Madison Ave., Ste 405 Pasadena, CA 91101 Website: www.drmillerkwon.com	<u>Methods of contact:</u> Phone: 626-807-5451 Email: ellen@drmillerkwon.com
<u>Biography:</u> Being a college student is an important time in your life as you work on future goals, and have relationships. It is also often a time when you are learning how to be independent in life from your family, or financially. I would be honored to help support and guide you as you navigate the different stresses and difficulties.	
<u>Therapy Specialty:</u> Anxiety, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Postpartum, Religious Emphasis, Sexuality, Stress Management, Violence/Trauma (Rape, all abuse)	
<u>Language(s):</u> English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? Yes
Insurance Accepted: Aetna, Humana, Blue Shield, Magellan	

Georgina Moncho, Ph.D.	
<u>Address:</u> 102 N. Madison Ave Pasadena, CA 91101 Website:	<u>Methods of contact:</u> Phone: 323-240-7987
<u>Biography:</u>	
<u>Therapy Specialty:</u> Alcohol / Substance Abuse, Anxiety, Cross Cultural, Gay / Lesbian Issues, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Violence/Trauma (Rape, all abuse)	
<u>Language(s):</u> English, Spanish	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? No, only Caltech UHC
Insurance Accepted:	

Evelyn Novello, Ph.D.

Address:

254 S. De Lacey Ave.
Pasadena, CA 91105
Website: www.pasadenapsychology.com

Methods of contact:

Phone: 626-823-0642
Text: 626-823-0642
Email: novello@pasadenapsychology.com

Biography: Dr. Novello earned a degree in psychology at Columbia University in two and a half years and graduated with honors and distinction. She completed her M.A. and Ph.D. in Clinical Psychology at the California School of Professional Psychology in Los Angeles, an American Psychological Association approved doctoral program. As part of her clinical training, she completed a clerkship, a practicum, two half-time internships, a full-time APA approved internship with the Federal Bureau, a Board of Psychology approved Psychological Assistantship, and a postdoctoral year as a Registered Psychologist. She has been licensed by the State of California as a Clinical Psychologist since 2005. Dr. Novello has broad clinical and assessment experience with adults, children, couples, and families. She has trained in a variety of settings including private practice, medical, forensic, community clinic, and student counseling center. She has been working with Caltech students since 2001.

Therapy Specialty: ADD / ADHD, Anxiety, Autism / Asperger's, Child Abuse/Neglect, Family Therapy, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Grief/Death/Dying, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Phobias, Personality Disorders, Sexuality, Stress Management, Violence/Trauma (Rape, all abuse), Perfectionism, Procrastination

Language(s): English, German

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? No, only Caltech UHC

Insurance Accepted:

Maria Oh, Ph.D.

Methods of contact:

Phone: 323-528-4624

Email: droh@makingsocialsense.com

Biography: Maria Y. Oh, Ph.D. is a licensed clinical psychologist with a private practice in Pasadena. She has her M.Ed. in Counselor Education from University of Virginia and her Ph.D. in Clinical Psychology from California School of Professional Psychology, Los Angeles with a multicultural emphasis. Dr. Oh has over 20 years of clinical experience helping young adults overcome a wide-range of social, emotional and academic difficulties. As a staff psychologist at Caltech (2002-2016), she developed an expertise working with students with Autism Spectrum Disorders and has specialized in helping students with social anxiety, social skills development, and relational difficulties. Coming from a strong cross-cultural background, Dr. Oh has extensive experience working with international student population and addressing Asian, and Asian American college mental health concerns. Since 1991, Dr. Oh has served as a consultant and consultant trainer for local, state, and national organizations addressing mental health needs of Asian and Pacific Islander communities.

Therapy Specialty: Anxiety, Autism / Asperger's, Cross Cultural, Gay / Lesbian Issues, Mood Disorders / Depression, Phobias, Stress Management, Social Anxiety

Language(s): English, Korean

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Anthem Blue Cross

Jon Pedersen, Ph.D.

Address:

102 N. Madison Ave.
Pasadena, CA 91101
Website: www.drjonpedersen.com

Methods of contact:

Phone: 626-449-4737

Biography: Please see my website.

Therapy Specialty: ADD / ADHD, Anxiety, Autism / Asperger's, Chronic Illness, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Learning Disabilities, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Personality Disorders, Psychotic Disorder, Stress Management, Issues of Personal Identity and Meaning, Issues related to Giftedness, Religious Trauma

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? No, only Caltech UHC

Insurance Accepted:

Carol Povenmire, Ph.D.

Address:

131 North El Molino Avenue, Suite 380
Pasadena, CA 91101

Methods of contact:

Phone: 626-355-2630

Biography: I have enjoyed working with Caltech students, faculty and staff for twenty-five years. I work with individuals who have mood and anxiety related concerns, transition or loss issues, or histories with trauma and difficult families. I also enjoy seeing international students and clients with medical needs.

Therapy Specialty: Anxiety, Brief Psychotherapy, Chronic Illness, Cross Cultural, Disease Management, Eating Disorder & Body Image, Gay / Lesbian Issues, Grief/Death/Dying, Mood Disorders / Depression / Bipolar, Personality Disorders, Stress Management, Violence/Trauma (Rape, all abuse)

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Anthem Blue Cross, and some Healthnet Plans

Marcia Rorty, Ph.D.

Address:

595 E. Colorado Blvd., Ste 533
Pasadena, CA 91101

Methods of contact:

Phone: 626-799-9197

Text: 626-799-9197

Email: MarciaRortyPhD@me.com

Biography: Marcia Rorty, PhD, received her BA from Harvard in Social Studies and PhD in Psychology from UCLA. After 2 years as tenure-track faculty in the Claremont Colleges, she left academics for her true calling in clinical practice. Licensed for 20+ years, Dr. Rorty is interactive, compassionate, and nonjudgmental, focusing on both active problem-solving and the development of personal insight. Her areas of expertise include interpersonal and academic struggles, eating concerns, depression and anxiety, posttraumatic stress, women's issues, and the unique dilemmas facing children of immigrant parents. Dr. Rorty works with both individuals and couples.

Therapy Specialty: Anxiety, Brief Psychotherapy, Child Abuse/Neglect, Chronic Illness, Cross Cultural, Family Therapy, Gay / Lesbian Issues, Grief/Death/Dying, Learning Disabilities, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Personality Disorders, Postpartum,

Psychological Testing, Sexuality, Stress Management, Violence/Trauma (Rape, all abuse), Graduate student issues (e.g., research group politics, authorship, post-docs, academics vs. industry, work/personal life balance)	
Language(s): English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? Yes
Insurance Accepted: Aetna, Blue Cross/Blue Shield, MediCal, Medicare, Anthem Blue Cross	

Elizabeth Shon, Ph.D.	
Address: 745 South Marengo Ave, Suite 105 Pasadena, CA 91106	Methods of contact: Phone: 626-793-0858 Email: lizshon@gmail.com
Biography: For over 20 years i have had the privilege of working with adults and couples and have been effective in helping with a wide range of issues; depression, anxiety, self esteem, relationships, stress, family of origin issues, identity, grief/loss and addictions. My background includes working as a staff psychologist at CSUN and Caltech. I value understanding the significant relationships in one's life including one's relationship to oneself and how those dynamics contribute to who you are today. Above all, I value empathic attunement and seek to provide a safe, caring, non-judgemental place for healing and growth.	
Therapy Specialty: ADD / ADHD, Anxiety, Brief Psychotherapy, Critical Incident Debriefing, Cross Cultural, Eating Disorder & Body Image, Gay / Lesbian Issues, Gender Non-Conforming / Transgender Issues, Grief/Death/Dying, Group Therapy, Marital & Relationship Therapy, Mindfulness, Mood Disorders / Depression / Bipolar, Postpartum, Stress Management, Self Esteem, Relationships, Procrastination	
Language(s): English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? No, only Caltech UHC
Insurance Accepted:	

Lauren Stevenson, Psy.D.	
Address: 444 S. Marengo Ave. Pasadena, CA 91101 Website: www.capstonepsych.com	Methods of contact: Phone: 626-389-5779 Email: l Stevenson@capstonepsych.com
Biography: Dr. Stevenson completed an American Psychological Association (APA)-Accredited Internship at the Federal Medical Center in Boston, Massachusetts. She also completed an APA-Accredited Post-Doctoral fellow at Harbor-UCLA Medical Center. During her fellowship she was trained in third-wave cognitive behavioral therapies including Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), and Dialectical Behavior Therapy (DBT). Dr. Stevenson's clinical focus has been to use cognitive-behavioral therapy for the treatment of a wide range of anxiety, mood, and depressive disorders, including obsessive compulsive disorder, social anxiety, panic disorder, depression, and issues related to self-esteem and body image. Dr. Stevenson also has extensive specialized experience with the CBT treatment of anger control issues, and the assessment, diagnosis, and treatment of substance abuse and addiction. Additionally, Dr. Stevenson has extensive specialized experience in psychological testing and assessments, including diagnostic clarification, personality and neurocognitive testing, ADHD, and learning disability evaluations.	
Therapy Specialty: ADD / ADHD, Anger Management, Alcohol / Substance Abuse, Anxiety, Dialectical Behavior Therapy, Gay / Lesbian Issues, Learning Disabilities, Mood Disorders / Depression / Bipolar, Neuropsychological Testing, Personality Disorders, Psychotic Disorder, Psychological Testing, Stress Management	
Language(s): English	
Accepts Caltech UHC Insurance? Yes	Accepts other insurance? Yes
Insurance Accepted: Aetna	

Brad D. Strawn, Ph.D.

Address:

180 N. Oakland Ave.
Pasadena, CA 91101

Methods of contact:

Phone: 626-584-5330
Email: bradstrawn@fuller.edu

Biography:

Therapy Specialty: Anxiety, Child Abuse/Neglect, Grief/Death/Dying, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Personality Disorders, Religious Emphasis, Stress Management, Violence/Trauma (Rape, all abuse), I have a history working clinically with college age students and emerging adults around relationship issues.

Language(s): English

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Aetna

Marief Tourani, M.D.

Address:

595 E. Colorado Blvd. Ste 501
Pasadena, CA 91101

Methods of contact:

Phone: 626-577-9691

Biography:

Therapy Specialty: ADD / ADHD, Alcohol / Substance Abuse, Anxiety, Autism / Asperger's, Chronic Illness, Critical Incident Debriefing, Disease Management, Eating Disorder & Body Image, Gay / Lesbian Issues, Impulse Control Disorders (Trichotillomania, Dermatillomania, etc.), Mood Disorders / Depression / Bipolar, Psychiatry (medication evaluation and management), Psychotic Disorder, Stress Management

Language(s): English, French

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? No, only Caltech UHC

Insurance Accepted:

Kris Yi, Ph.D.

Address:

595 E. Colorado Blvd #424
Pasadena, CA 91101

Methods of contact:

Phone: 626-796-7670
Text: 323-819-4181
Email: krisyiphd@gmail.com

Biography: My approach is collaborative and pragmatic with the aim of working through emotional pain, and making meaningful changes in concept of self and others. I practice in trauma treatment and couple/relationship therapy.

Therapy Specialty: Child Abuse/Neglect, Cross Cultural, Eating Disorder & Body Image, Family Therapy, Marital & Relationship Therapy, Mood Disorders / Depression / Bipolar, Phobias, Personality Disorders, Stress Management, Violence/Trauma (Rape, all abuse), Childhood Trauma/Neglect/Conflict with Parents

Language(s): English, Korean

Accepts Caltech UHC Insurance? Yes

Accepts other insurance? Yes

Insurance Accepted: Aetna